

Hearts and Flowers

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Hearts and Flowers

32 Count 4 Walls Beginner

Choreographed by: Adrian Churm (UK)



Choreographed to: Hearts and Flowers by Dave Sheriff

	Heel Digs, Coaster Step, Heel Digs, Coaster Step.
1 - 2	Touch Right Heel Forward Twice.
3 & 4	Step Back Right. Step Left Beside Right. Step Right Forward.
5 - 6	Touch Left Heel Forward Twice.
7 & 8	Step Back Left. Step Right Beside Left. Step Forward Left.
	Right Shuffle, Left Shuffle, Cross Rock & Shuffle 1/2 Turn Right.
9 & 10	Step Forward Right. Close Left Beside Right. Step Forward Right.
11 & 12	Step Forward Left. Close Right Beside Left. Step Forward Left.
13 - 14	Cross Rock Right Over Left. Rock Back Onto Left.
Note:	Steps 15 - 18 Travel Towards Back Wall.
15 & 16	Shuffle Step 1/2 Turn Right, Stepping - Right, Left, Right.
	Left Shuffle 1/2 Turn Right, Coaster Step, Charleston Steps.
17 & 18	Shuffle 1/2 Turn Right, Stepping - Left, Right, Left.
19 & 20	Step Back On Right. Step Left Beside Right. Step Forward Right.
21 - 22	Step Forward Left. Touch Right Toe Forward.
23 - 24	Step Right Toe Back. Touch Left Toe Back.
	Charleston Steps, Heel Toe Touches, 1/4 Turn Left.
25 - 26	Step Forward Left. Touch Right Toe Forward.
27 - 28	Step Right Toe Back. Touch Left Toe Back.
29 - 30	Touch Left Heel Forward. Touch Left Toe Back.
31 - 32	Step Left 1/4 Turn Left. Touch Right Beside Left.

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