Lightning Polka

32 count, 4 wall, Intermediate

Choreographer Peter Metelnick (Canada)

Choreographed To
Sin Wagon by Dixie Chicks;
I Want You Want Me by Jim Witter

Section 1	Right Rock, Syncopated Weave, Left Rock, Modified Sailor Step.
1 - 2	Rock To Right Side On Right. Rock Onto Left In Place.
3 & 4	Cross Right Behind Left. Step Left To Left Side. Cross Right Over Left.
5 - 6	Rock To Left Side On Left. Rock Onto Right In Place.
7 & 8	Cross Left Behind Right. Step Right Slightly Right. Step Forward Left.

Section 2	Shuffle Forward, Step 1/2 Pivot Right, Heel Switches, Toe Touch.
9 & 10	Step Forward Right. Close Left Beside Right. Step Forward Right.
11 - 12	Step Forward Left. Pivot 1/2 Turn Right.
13 &	Touch Left Heel Forward. Step Left Beside Right.
14 &	Touch Right Heel Forward. Step Right Beside Left.
15 - 16	Touch Left Heel Forward. Hook Left Across Right Tapping Toe To Floor.

Section 3	Shuffle Forward, Step 1/2 Pivot, Heel Switches, Stomp 1/4 Turn Kick.
17 & 18	Step Forward Left. Close Right Beside Left. Step Forward Left.
19 - 20	Step Forward Right. Pivot 1/2 Turn Left.
21 &	Touch Right Heel Forward. Step Right Beside Left.
22 &	Touch Left Heel Forward. Step Left Beside Right.
23	Stomp Right Beside Left (no Weight).
24	On Ball Of Left Make 1/4 Turn Right Kicking Right Forward.

Section 4	Coaster Step, Shuffle Forward, Step 1/2 Pivot, Walk Forward.
25 & 26	Step Back Right. Step Left Beside Right. Step Forward Right.
27 & 28	Step Forward Left. Close Right Beside Left. Step Forward Left.
29 - 30	Step Forward Right. Pivot 1/2 Turn Left.
31 - 32	Step Forward Right. Step Forward Left.
Option :	Steps 31 - 32 Can Be Replaced With A Full Turn Left, Travelling Forward.

Choreographers Notes :
During the song Sin Wagon the beat stops in the middle of the track but the vocals continue. Keep dancing through this break and the beat will kikc back in. This will also happen at the end of the song. For a big finish complete section one of the dance then stomp right and hold to finish.