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Laid Back 'n Low Key

32 count, 4 wall, improver level

Choreographer: Peter Metelnick & Alison Biggs
(March 2008)

Choreographed to: Laid Back 'n Low Key by Alan
Jackson, CD: Good Time

RIGHT SIDE, LEFT TOGETHER, RIGHT BACK BALL CROSS, LEFT SIDE, RIGHT TOGETHER, LEFT FORWARD SHUFFLE

- 1-2 Step right side, step left together
- 3&4 Step right back, step left back, cross right over left
- 5-6 Step left side, step right together
- 7&8 Step left forward, step right together, step left forward

RIGHT FORWARD ROCK & RECOVER, ¼ RIGHT SHUFFLE, WEAVE RIGHT 4

- 1-2 Rock right forward, recover on left
- 3&4 Turning ¼ right step right side, step left together, step right side
- 5-8 Cross left over right, step right side, cross left behind right, step right side

LEFT CROSS ROCK & RECOVER, ¼ LEFT SHUFFLE, RIGHT FORWARD, ½ LEFT PIVOT TURN, WALK/SKATE/FULL TURN RIGHT & LEFT FORWARD

- 1-2 Cross rock left over right, recover on right
 - 3&4 Step left to left side, step right together, turn ¼ left step left forward
 - 5-6 Step right forward, pivot ½ left
 - 7-8 Step right forward, step left forward (or skate forward right & left)
- Option: full turn left on counts 23-24

ROCKING CHAIR, ¼ RIGHT JAZZ BOX CROSS

- 1-4 Rock right forward, recover on left, rock right back, recover on left
- 5-8 Cross right over left, step left back, turning ¼ right step right side, cross

BIG ENDING

- 1-6 Rock right forward, recover on left, turning ¼ right step right side, step left together, step right side, step left forward

Music download available from iTunes

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